

Depression and Discouragement

God Never Loses Sight of You

Deuteronomy 31:8 “... It is the LORD who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed.”

Deuteronomy 32:10: *In a desert land he found him, in a barren and howling waste. He shielded him and cared for him; he guarded him as the apple of his eye.*

Psalms 34:17 *When the righteous cry for help, the LORD hears and delivers them out of all their troubles.*

Psalms 40:1-3 *I waited patiently for the LORD; he inclined to me and heard my cry. He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the LORD.*

Your Trust and Hope is In Him; Call Upon Him

Psalms 3:3 *But you, O LORD, are a shield about me, my glory, and the lifter of my head.*

Psalms 32:10 *Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the LORD.*

Psalms 37:3-4 *Trust in the LORD, and do good; dwell in the land and befriend faithfulness. Delight yourself in the LORD, and he will give you the desires of your heart.*

Psalms 42:11 *Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.*

1 Peter 5:6-7 (KJV) *Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you.*

He Has Great Plans for You; Hang in There

Jeremiah 29:11 *For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.*

John 16:33 *I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.*

Romans 8:38-39 *For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.*

2 Corinthians 1:3-4 *Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.*

1 Peter 4:12-13 *Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed.*

<http://hopefaithprayer.com/scriptures/against-depression/>

These scriptures on depression will give you hope and will build your faith. Confess and meditate on them to win the fight against depression. The key is not losing Hope. Allow the hope of God to seep back into you. Remember, there is a real Person (God) behind each and every one of these promises. He promised them to you for a reason – to help you.

[Deuteronomy 31:8](#) – The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

[Deuteronomy 33:27](#) – The eternal God is your refuge, and underneath are the everlasting arms.

Joshua 1:9 - Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

[2 Samuel 22:17-22](#) – He sent from above, he took me; he drew me out of many waters; (18) He delivered me from my strong enemy, and from them that hated me: for they were too strong for me. (19) They prevented me in the day of my calamity: but the Lord was my stay. (20) He brought me forth also into a large place: he delivered me, because he delighted in me. (21) The Lord rewarded me according to my righteousness: according to the cleanness of my hands hath he recompensed me. (22) For I have kept the ways of the Lord, and have not wickedly departed from my God.

[2 Samuel 22:29](#) – You are my lamp O Lord; the Lord turns my darkness into light.

[Nehemiah 8:10](#) - Then [Ezra] told them, Go your way, eat the fat, drink the sweet drink, and send portions to him for whom nothing is prepared; for this day is holy to our Lord. And be not grieved *and* depressed, for the joy of the Lord is your strength *and* stronghold.

[Ecclesiastes 9:4](#) – Anyone who is among the living has hope.

[Psalms 9:9](#) – The Lord is a refuge for the oppressed, a stronghold in times of trouble.

[Psalm 27:14](#) – Wait on the LORD: be of good courage, and He shall strengthen thine heart: wait, I say, on the LORD.

[Psalm 31:22,24](#) – You heard my cry for mercy when I called to you for help... Be strong and take heart, all you who hope in the Lord.

[Psalm 34:18, 19](#) – The righteous cry, and the LORD hears, and delivers them out of all their troubles. (18) The LORD is close to the brokenhearted and saves those who are crushed in spirit. (19) A righteous man may have many troubles, but the Lord delivers him from them all.

[Psalm 37:23-24](#) – If the Lord delights in a man's way, he makes his steps firm; though he stumbles, he will not fall, for the Lord upholds him with his hand.

[Psalm 43:5](#) – Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God.

[Psalm 55:22](#) – Cast your cares on the Lord and he will sustain you; he will never let the righteous fall.

[Psalm 62:5](#) – Find rest, O my soul, in God alone; my hope comes from him.

[Psalm 126:5](#) – Those who sow in tears will reap with songs of joy.

Psalm 138:7 – Though I walk in the midst of trouble, you preserve my life; you stretch out your hand against the anger of my foes, with your right hand you save me.

[Psalm 143:7-8](#) – Answer me quickly, O Lord; my spirit fails. Do not hide your face from me or I will be like those who go down to the pit. Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I'll lift up my soul.

[Psalm 147:3](#) – He heals the brokenhearted and binds up their wounds.

[Psalm 145:14](#) – The LORD upholds all those who fall and lifts up all who are bowed down.

[Proverbs 12:25](#) – Anxiety in a man's heart weighs it down (depression), but a good word cheers it up.

[Isaiah 26:3-4](#), Thou wilt keep him in perfect peace, whose mind is stayed on Thee: because he trusts in Thee. Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength. (Perfect means complete. If I keep my part of the promise by staying steadfastly focused on the Lord Jesus Christ, He will keep His promise to give me His perfect peace. See also [Philippians 4:6-7](#) below)

[Isaiah 35:10](#) – And the ransomed of the Lord will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away

[Isaiah 40:31](#), But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

[\(Isaiah 41:10\)](#) Fear thou not; for I am with thee; be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

[\(Isaiah 43:2\)](#) When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

Isaiah 51:11 – The ransomed of the LORD will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away.

[Isaiah 53:4](#) – Surely he took up our sicknesses and carried our sorrows.

[\(Isaiah 61:3\)](#) To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the Lord, that he might be glorified.

[Mark 9:23](#) – Everything is possible for him who believes.

John 14:1 – Do not let your hearts be troubled. Trust in God; trust also in me.

John 14:27 – Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

[Romans 4:18-22](#) – Who against hope believed in hope, that he might become the father of many nations, according to that which was spoken, so shall they seed be. (19) And being not weak in faith, he considered not his own body now dead, when he was about an hundred years old, neither yet the deadness of Sarah's womb: (20) He staggered not at the promise of God through unbelief; but was strong in faith, giving glory to God. (21) And being fully persuaded that, what he had promised, he was able to perform. (22) And therefore it was imputed to him for righteousness.

[Romans 15:13](#) – May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

II Corinthians 4:7-9 – But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.

[II Corinthians 7:6-7](#) – Nevertheless God, that comforts, those that are depressed, comforted us by the coming of Titus; (7) And not by his coming only, but by the consolation wherewith he was comforted in you, when he told us your earnest desire, your mourning, your fervent mind toward me; so that I rejoiced the more.

Galatians 6:9 – Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

Philippians 1:6 – being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

[Philippians 4:6-8](#) – Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Hebrews 10:35-36 – So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised.

[James 4:8](#) – Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

[James 4:10](#) – Humble yourselves before the Lord, and he will lift you up.

[2 Peter 2:9](#) – The Lord knows how to rescue godly men from trials.

1 Peter 1:6-9 – In this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that your faith—of greater worth than gold, which perishes even though refined by fire—may be proved genuine and may result in praise, glory and honor when Jesus Christ is revealed. Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the goal of your faith, the salvation of your souls.

[1 Peter 4:12](#) – Dear Friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you.

[1 Peter 4:13](#) – But rejoice that you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed

[1 Peter 5:6-7](#) – Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Cast all your anxiety on him because he cares for you.

Psalm 27 –

1 The LORD is my light and my salvation—whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?

When evil men advance against me to devour my flesh, when my enemies and my foes attack me, they will stumble and fall.

Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident.

One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to seek him in his temple.

For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock.

Then my head will be exalted above the enemies who surround me; at his tabernacle will I sacrifice with shouts of joy; I will sing and make music to the LORD.

Hear my voice when I call, O LORD; be merciful to me and answer me.

My heart says of you, “Seek his face!” Your face, LORD, I will seek.

Do not hide your face from me, do not turn your servant away in anger; you have been my helper. Do not reject me or forsake me, O God my Savior.

Though my father and mother forsake me, the LORD will receive me.

Teach me your way, O LORD; lead me in a straight path because of my oppressors.

Do not turn me over to the desire of my foes, for false witnesses rise up against me, breathing out violence.

I am still confident of this: I will see the goodness of the LORD in the land of the living.

Wait for the LORD; be strong and take heart and wait for the LORD.

Rejection

[Psalm 34:17-20](#) ESV - When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all. He keeps all his bones; not one of them is broken.

[John 15:18](#) ESV - “If the world hates you, know that it has hated me before it hated you.

[1 Peter 2:4](#) ESV - As you come to him, a living stone rejected by men but in the sight of God chosen and precious,

[Psalm 27:10](#) ESV - For my father and my mother have forsaken me, but the Lord will take me in.

[2 Corinthians 12:9](#) ESV - But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

[Psalm 94:14](#) ESV - For the Lord will not forsake his people; he will not abandon his heritage;

[Isaiah 53:3](#) ESV - He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not.

Psalm 138:7 – Though I walk in the midst of trouble, you preserve my life; you stretch out your hand against the anger of my foes, with your right hand you save me.

[Psalm 139:13-14](#) ESV - For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

[John 1:11](#) ESV - He came to his own, and his own people did not receive him.

[1 Peter 5:7](#) ESV - Casting all your anxieties on him, because he cares for you.

[Romans 8:31](#) ESV - What then shall we say to these things? If God is for us, who can be against us?

[Romans 8:1](#) ESV - There is therefore now no condemnation for those who are in Christ Jesus.

[Philippians 4:19](#) ESV - And my God will supply every need of yours according to his riches in glory in Christ Jesus.

[Psalm 66:16-20](#) ESV - Come and hear, all you who fear God, and I will tell what he has done for my soul. I cried to him with my mouth, and high praise was on my tongue. If I had cherished iniquity in my heart, the Lord would not have listened. But truly God has

listened; he has attended to the voice of my prayer. Blessed be God, because he has not rejected my prayer or removed his steadfast love from me!

Isaiah 49:15 ESV - “Can a woman forget her nursing child, that she should have no compassion on the son of her womb? Even these may forget, yet I will not forget you.

1 Corinthians 6:19-20 ESV - Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

Deuteronomy 14:2 ESV - For you are a people holy to the Lord your God, and the Lord has chosen you to be a people for his treasured possession, out of all the peoples who are on the face of the earth.

Isaiah 49:16 ESV - Behold, I have engraved you on the palms of my hands; your walls are continually before me.

Romans 15:13 ESV - May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

Proverbs 16:3 ESV - Commit your work to the Lord, and your plans will be established.

Psalms 37:4 ESV - Delight yourself in the Lord, and he will give you the desires of your heart.

Lamentations 3:31-33 ESV - For the Lord will not cast off forever, but, though he cause grief, he will have compassion according to the abundance of his steadfast love; for he does not willingly afflict or grieve the children of men.

Colossians 1:17 ESV - And he is before all things, and in him all things hold together.

1 John 1:1-10 ESV - ¹ That which was from the beginning, which we have heard, which we have seen with our eyes, which we looked upon and have touched with our hands, concerning the word of life— ² the life was made manifest, and we have seen it, and testify to it and proclaim to you the eternal life, which was with the Father and was made manifest to us— ³ that which we have seen and heard we proclaim also to you, so that you too may have fellowship with us; and indeed our fellowship is with the Father and with his Son Jesus Christ. ⁴ And we are writing these things so that our joy may be complete. ⁵ This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all.

⁶ If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. ⁷ But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. ⁸ If we say we have no sin, we deceive ourselves, and the truth is not in us. ⁹ If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. ¹⁰ If we say we have not sinned, we make him a liar, and his word is not in us.

Romans 15:7 ESV - Therefore welcome one another as Christ has welcomed you, for the glory of God.

Luke 6:22-23 ESV - “Blessed are you when people hate you and when they exclude you and revile you and spurn your name as evil, on account of the Son of Man! Rejoice in that day, and leap for joy, for behold, your reward is great in heaven; for so their fathers did to the prophets.

Matthew 28:19-20 ESV - Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

Psalms 34:1-5 ESV - I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the humble hear and be glad. Oh, magnify the Lord with me, and let us exalt his name together! I sought the Lord, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed.

John 15:18-21 ESV - “If the world hates you, know that it has hated me before it hated you. If you were of the world, the world would love you as its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. Remember the word that I said to you: ‘A servant is not greater than his master.’ If they persecuted me, they will also persecute you. If they kept my word, they will also keep yours. But all these things they will do to you on account of my name, because they do not know him who sent me.

Psalms 27:3-5 ESV - Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident. One thing have I asked of the Lord, that will I seek after: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to inquire in his temple. For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

Isaiah 53:12 ESV - Therefore I will divide him a portion with the many, and he shall divide the spoil with the strong, because he poured out his soul to death and was numbered with the transgressors; yet he bore the sin of many, and makes intercession for the transgressors.

1 Corinthians 1:28 ESV - God chose what is low and despised in the world, even things that are not, to bring to nothing things that are,

Romans 12:12 ESV - Rejoice in hope, be patient in tribulation, be constant in prayer.

Hebrews 12:3 ESV - Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

Psalms 46:10 ESV - “Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!”

John 6:37 ESV - All that the Father gives me will come to me, and whoever comes to me I will never cast out.

Psalm 21:1-13 ESV - To the choirmaster. A Psalm of David. O Lord, in your strength the king rejoices, and in your salvation how greatly he exults! You have given him his heart's desire and have not withheld the request of his lips. Selah For you meet him with rich blessings; you set a crown of fine gold upon his head. He asked life of you; you gave it to him, length of days forever and ever. His glory is great through your salvation; splendor and majesty you bestow on him. ...

Joshua 1:9 - Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

The Father's Love for You

Job 34:19 - who shows no partiality to princes, nor regards the rich more than the poor, for they are all the work of his hands?

Psalm 36:5 -7

Your love, O LORD, reaches to the heavens,
your faithfulness to the skies.
Your righteousness is like the mighty mountains,
your justice like the great deep.
O LORD, you preserve both man and beast.
How priceless is your unfailing love!
Both high and low among men
find refuge in the shadow of your wings.”

Psalm 48:9 - “Within your temple, O God, we meditate on your unfailing love.”

Psalm 52:8b - “I trust in God’s unfailing love for ever and ever.”

[Psalm 63:3](#) ESV - Because your steadfast love is better than life, my lips will praise you.

Psalm 86:5 - “O Lord, you are so good, so ready to forgive, so full of unfailing love for all who ask for your help.”

Psalm 86:15 - But you, O Lord, are a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.

[Psalm 103:8](#) ESV - The Lord is merciful and gracious, slow to anger and abounding in steadfast love.

[Psalm 103:11](#) ESV - For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;

[Psalm 103:12](#) ESV - As far as the east is from the west, so far does he remove our transgressions from us.

[Psalm 103:17](#) ESV - But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children,

Psalm 136:1-3 - Give thanks to the Lord, for he is good! *His faithful love endures forever.* Give thanks to the God of gods. *His faithful love endures forever.* Give thanks to the Lord of lords. *His faithful love endures forever.*

Psalm 139:13 -14, 17, 18 - “For you created my inmost being; you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. How precious to me are your thoughts, O

God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand.”

Isaiah 41:13 - “For I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee.”

Isaiah 49:15-16 - “Can a mother forget her nursing child? Can she feel no love for the child she has borne? But even if that were possible, I would not forget you! See, I have written your name on the palms of my hands.”

Isaiah 54:10 [ESV](#) - For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you, and my covenant of peace shall not be removed,” says the Lord, who has compassion on you.

Jeremiah 1:4-5 - “The word of the LORD came to me, saying, “Before I formed you in the womb I knew you, before you were born I set you apart.”

Jeremiah 29:11 - For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.

Jeremiah 31:3 [ESV](#) - The Lord appeared to him from far away. I have loved you with an everlasting love; therefore I have continued my faithfulness to you.

Lamentations 3:22-25 - Because of the LORD’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, “The LORD is my portion; therefore I will wait for him.” The LORD is good to those whose hope is in him, to the one who seeks him. ”

Zephaniah 3:17 - “The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.”

Malachi 3:17 [ESV](#) - They shall be mine, says the Lord of hosts, in the day when I make up my treasured possession, and I will spare them as a man spares his son who serves him.

Luke 12: 6-7 - “Are not five sparrows sold for two farthings, and not one of them is forgotten before God? But even the very hairs of your head are all numbered. Fear not therefore: ye are of more value than many sparrows.”

John 3:16-17 [ESV](#) - For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

John 13:34-35 - A new commandment I give to you, that you love one another: just as I have loved you, you also are to [love one another](#). By this all people will know that you are my disciples, if you have love for one another.

John 15:9-16a - “As the Father has loved me, so have I loved you. Abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father’s commandments and abide in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be full. “This is my commandment, that you love one another as I have loved you. Greater love has no one than this, that someone lay down his life for his friends. You are my friends if you do what I command you. No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. You did not choose me, but I chose you and appointed you...”

John 17:23-26 ESV - I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me. Father, I desire that they also, whom you have given me, may be with me where I am, to see my glory that you have given me because you loved me before the foundation of the world. O righteous Father, even though the world does not know you, I know you, and these know that you have sent me. I made known to them your name, and I will continue to make it known, that the love with which you have loved me may be in them, and I in them.”

Romans 5:5 ESV - And hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

Romans 8:35 - “Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?”

Romans 8:37-39 - No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 15:13 - I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

2 Corinthians 5:14 ESV - For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died;

Galatians 2:20 - I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God. who loved me and gave himself for me.

Ephesians 1:3 ESV - Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,

Ephesians 2:4-5 - But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ— by [grace](#) you have been saved—

Ephesians 3:17-19 - So that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

[Philippians 4:13](#) ESV - I can do all things through him who strengthens me.

Titus 3: 4-5 - “But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit.”

1 Peter 5:6-7 - Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.

1 John 3:1 - See what kind of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him.

1 John 4:7-8 - Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love.

1 John 4:9-11 - In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another.

[1 John 4:18](#) ESV - There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.

1 John 4:19 - We love each other because he loved us first.

Finding Strength, Hope, Comfort and Peace in God

Strength:

When we face insurmountable challenges, we can turn to the all-powerful Creator God. His strength and renewal can help us face our fears and do the impossible.

Psalm 27:1 - “The LORD is my light and my salvation; whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid?”

Psalm 37:39 - “But the salvation of the righteous is from the LORD; He is their strength in time of trouble.”

Psalm 46:1 - “God is our refuge and strength, a very present help in trouble.”

Psalm 68:6 - “God sets the solitary in families; He brings out those who are bound into prosperity; but the rebellious dwell in a dry land.”

Psalm 138:3 - “In the day when I cried out, You answered me, and made me bold with strength in my soul.”

Proverbs 3:5-6 - “Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.”

Isaiah 40:28-31 –

²⁸ Have you not known? Have you not heard?

The Lord is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

²⁹ He gives power to the faint,
and to him who has no might he increases strength.

³⁰ Even youths shall faint and be weary,
and young men shall fall exhausted;

³¹ but they who wait for the Lord shall renew their strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.

Matthew 7:7 - “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

Matthew 19:26 - “But Jesus looked at them and said to them, ‘With men this is impossible, but with God all things are possible.’”

2 Corinthians 4:16 - “Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day.”

Ephesians 3:20-21 - Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

Philippians 4:13 - “I can do all things through Christ who strengthens me.”

2 Timothy 1:7 - “For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

Hebrews 4:15-16 - “For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.”

Hebrews 13:5-6 - “Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, ‘I will never leave you nor forsake you.’ So we may boldly say: ‘The LORD is my helper; I will not fear. What can man do to me?’”

Hope:

This life can beat us down with trials, sorrows and debilitating worries. When it seems hopeless, God’s messages about our future hope can deeply encourage us.

Job 23:10 - But he knows the way that I take; when he has tried me, I shall come out as gold.

Isaiah 9:7 - “Of the increase of His government and peace there will be no end, upon the throne of David and over His kingdom, to order it and establish it with judgment and justice from that time forward, even forever more. The zeal of the Lord of hosts will perform this.”

Isaiah 11:9 - “They shall not hurt or destroy in all My holy mountain, for the earth shall be full of the knowledge of the LORD as the waters cover the sea.”

Jeremiah 29:11 - “For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.”

Jeremiah 29:13 ESV - You will seek me and find me, when you seek me with all your heart.

Daniel 2:44 - “And in the days of these kings the God of heaven will set up a kingdom which shall never be destroyed; and the kingdom shall not be left to other people; it shall break in pieces and consume all these kingdoms, and it shall stand forever.”

Daniel 12:3 - “Those who are wise shall shine like the brightness of the firmament, and those who turn many to righteousness like the stars forever and ever.”

Micah 4:4 - “But everyone shall sit under his vine and under his fig tree, and no one shall make them afraid; for the mouth of the LORD of hosts has spoken.”

Zephaniah 3:17 - “The LORD your God in your midst, the Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing.”

Malachi 3:16 - “Then those who feared the LORD spoke to one another, and the LORD listened and heard them; so a book of remembrance was written before Him for those who fear the LORD and who meditate on His name.”

Matthew 25:21 - “His lord said to him, ‘Well done, good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.’”

1 Corinthians 2:9 - “Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him.”

Ephesians 3:20-21 - Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

2 Peter 1:10-11 - “Therefore, brethren, be even more diligent to make your call and election sure, for if you do these things you will never stumble; for so an entrance will be supplied to you abundantly into the everlasting kingdom of our Lord and Savior Jesus Christ.”

1 John 3:2 - “Beloved, now we are children of God; and it has not yet been revealed what we shall be, but we know that when He is revealed, we shall be like Him, for we shall see Him as He is.”

Revelation 21:4 - “And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away.”

Comfort:

In times of discouragement and sorrow, look to the Bible to be encouraged and consoled by the God of all comfort. Consider these comforting verses.

Psalm 23:4, 6 - “Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me. ... Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the LORD forever.”

Psalm 30:5 - “For His anger is but for a moment, His favor is for life; weeping may endure for a night, but joy comes in the morning.”

Psalm 147:3 - “He heals the brokenhearted and binds up their wounds.”

Isaiah 40:1 - “ ‘Comfort, yes, comfort My people!’ says your God.”

Matthew 5:4 - “Blessed are those who mourn, for they shall be comforted.”

Matthew 11:28 - “Come to Me, all you who labor and are heavy laden, and I will give you rest.”

Romans 15:4 - “For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope.”

2 Corinthians 1:3 - “Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort.”

Peace:

Our world is full of violence, and our daily lives can be marred by conflict and turmoil. But God promises His people a peace that surpasses all understanding.

Job 13:15 - Though he slay me, yet will I trust in him: but I will maintain mine own ways before him.

Job 22:21 - “Agree with God, and be at peace; thereby good will come to you.

Psalm 4:8 - In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.

Psalm 34:14 - Turn away from evil and do good; seek peace and pursue it.

Psalms 37:11 - But the meek shall inherit the land and delight themselves in abundant peace.

Psalms 85:10 - Steadfast love and faithfulness meet; righteousness and peace kiss each other.

Psalms 119:165 - Great peace have those who love your law; nothing can make them stumble.

Proverbs 3:1-3 - My son, do not forget my teaching, but let your heart keep my commandments, for length of days and years of life and peace they will add to you. Let not steadfast love and faithfulness forsake you; bind them around your neck; write them on the tablet of your heart.

Proverbs 16:7 - “When a man’s ways please the LORD, He makes even his enemies to be at peace with him.”

Isaiah 26:3 - “You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.”

Isaiah 32:17 - And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever.

Isaiah 53:5 - But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.

Isaiah 54:10 - For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you, and my covenant of peace shall not be removed,” says the Lord, who has compassion on you.

Isaiah 55:12 “For you shall go out in joy and be led forth in peace; the mountains and the hills before you shall break forth into singing, and all the trees of the field shall clap their hands.

Isaiah 57:2 - He enters into peace; they rest in their beds who walk in their uprightness.

Ezekiel 34:25 - [*The Lord's Covenant of Peace*] “I will make with them a covenant of peace and banish wild beasts from the land, so that they may dwell securely in the wilderness and sleep in the woods.”

Matthew 11:28 - “Come to Me, all you who labor and are heavy laden, and I will give you rest.”

Luke 1:76-79 - And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways,

77 to give knowledge of salvation to his people
in the forgiveness of their sins,
78 because of the tender mercy of our God,
whereby the sunrise shall visit us[h] from on high
79 to give light to those who sit in darkness and in the shadow of death,
to guide our feet into the way of peace.”

John 14:27 - “Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.”

John 16:33 - “These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.”

Romans 8:6 - For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

Romans 14:17 - For the kingdom of God is not a matter of eating and drinking but of righteousness and peace and joy in the Holy Spirit.

Romans 15:13 - May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

1 Corinthians 14:33 - For God is not a God of confusion but of peace.

Galatians 5:22-23 - But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, against such things there is no law.

Philippians 4:6-7 - “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

Philippians 4:8-9 - Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

Colossians 3:15 - And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

1 Thessalonians 5:23 - Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.

2 Thessalonians 3:16 - Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all.

Hebrews 13:20-21 - Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in us that which is pleasing in his sight, through Jesus Christ, to whom be glory forever and ever. Amen.

James 3:17-18 - But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere. And a harvest of righteousness is sown in peace by those who make peace.

The Devil and Resisting his Lies

[Isaiah 59:17](#) ESV - He put on righteousness as a breastplate, and a helmet of salvation on his head; he put on garments of vengeance for clothing, and wrapped himself in zeal as a cloak.

Luke 4:8 - “And Jesus answered him, ‘It is written, ‘You shall worship the Lord your God, and him only shall you serve.’ ”

Luke 10: 19 - “Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.”

John 8:32 - “And you shall know the truth, and the truth shall make you free.”

[John 8:44](#) - [Jesus talking to the Pharisees] You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and has nothing to do with the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies.

[John 10:10](#) - The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

[John 12:31](#) - Now is the judgment of this world; now will the ruler of this world be cast out.

[John 14:30](#) ESV - I will no longer talk much with you, for the ruler of this world is coming. He has no claim on me.

[John 16:11](#) - Concerning judgment, because the ruler of this world is judged.

John 16:13 - “However, when He, the Spirit of truth, has come He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come.”

Acts 26:17-18 ESV - Delivering you from your people and from the Gentiles—to whom I am sending you to open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in me.’

Romans 8:3 ESV - For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh.

Romans 8:1-6 - There is therefore now no condemnation for those who are in Christ Jesus who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

1 Corinthians 10:13 - No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

2 Corinthians 4:4 - In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God.

2 Corinthians 10:3-6 - For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, being ready to punish every disobedience, when your obedience is complete.

2 Corinthians 11:14 - And no wonder, for even Satan disguises himself as an angel of light.

Ephesians 2:1-7 - 1 And you were dead in the trespasses and sins ²in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience— ³among whom we all once lived in the passions of our flesh, carrying out the desires of the body^[a] and the mind, and were by nature children of wrath, like the rest of mankind.^[b] ⁴But^[c] God, being rich in mercy, because of the great love with which he loved us, ⁵even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved— ⁶and raised us up with him and seated us with him in the heavenly places in Christ Jesus, ⁷so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.

Ephesians 6:11-12 - Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

Philippians 2:9, 10 - “Therefore God has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee shall bow, of those in heaven, and of those on earth, and of those under the earth.”

Philippians 4:8 - “Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.”

2 Timothy 2:26 - “...and they may come to their senses and escape from the snare of the devil, after being captured by him to do his will.”

Hebrews 2:14 - Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil.

Hebrews 4:12 - “For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.”

James 1:13-15 - Let no one say when he is tempted, “I am being tempted by God,” for God cannot be tempted with evil, and he himself tempts no one. But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

James 4:7 - Submit yourselves therefore to God. Resist the devil, and he will flee from you.

1 Peter 5:8 - Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

2 Peter 2:1 ESV - But false prophets also arose among the people, just as there will be false teachers among you, who will secretly bring in destructive heresies, even denying the Master who bought them, bringing upon themselves swift destruction.

1 John 3:8 - “He who sins is of the devil, for the devil has sinned from the beginning. For this purpose the Son of God was manifested, that He might destroy the works of the devil.”

1 John 4:4 ESV - Little children, you are from God and have overcome them, for he who is in you is greater than he who is in the world.

1 John 5:19 ESV - We know that we are from God, and the whole world lies in the power of the evil one.

Psalm 91:1-16

- ¹ He who dwells in the shelter of the Most High
will abide in the shadow of the Almighty.
- ² I will say^[a] to the Lord, “My refuge and my fortress,
my God, in whom I trust.”
- ³ For he will deliver you from the snare of the fowler
and from the deadly pestilence.
- ⁴ He will cover you with his pinions,
and under his wings you will find refuge;
his faithfulness is a shield and buckler.
- ⁵ You will not fear the terror of the night,
nor the arrow that flies by day,
- ⁶ nor the pestilence that stalks in darkness,
nor the destruction that wastes at noonday.
- ⁷ A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.
- ⁸ You will only look with your eyes
and see the recompense of the wicked.
- ⁹ Because you have made the Lord your dwelling place—
the Most High, who is my refuge^[b]—
- ¹⁰ no evil shall be allowed to befall you,
no plague come near your tent.
- ¹¹ For he will command his angels concerning you
to guard you in all your ways.
- ¹² On their hands they will bear you up,
lest you strike your foot against a stone.
- ¹³ You will tread on the lion and the adder;
the young lion and the serpent you will trample underfoot.
- ¹⁴ “Because he holds fast to me in love, I will deliver him;
I will protect him, because he knows my name.
- ¹⁵ When he calls to me, I will answer him;
I will be with him in trouble;
I will rescue him and honor him.
- ¹⁶ With long life I will satisfy him
and show him my salvation.”

Your Righteousness and Identity in Christ

Genesis 1:27 - So God created man in his own image, in the image of God he created him; male and female he created them.

Isaiah 40:28-31 - Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

Jeremiah 1:5 - “Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations.”

Matthew 3:11 - I baptize you with water for repentance, but he who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire.

John 1:12 - But to all who did receive him, who believed in his name, he gave the right to become children of God.

John 3:16 - For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

John 14:26 - But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.

John 15:5 - I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

John 15:9 - As the Father has loved me, so have I loved you. Abide in my love.

John 15:15 - No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you.

John 15:16 - You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you.

John 17:20-23 - I do not ask for these only, but also for those who will believe in me through their word, that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. The glory that you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me.

Romans 1:5-7 - Through whom we have received grace and apostleship to bring about the obedience of faith for the sake of his name among all the nations, including you who

are called to belong to Jesus Christ, To all those in Rome who are loved by God and called to be saints: Grace to you and peace from God our Father and the Lord Jesus Christ.

Romans 3:24 - And are justified by his grace as a gift, through the redemption that is in Christ Jesus.

Romans 4:5 - And to the one who does not work but believes in him who justifies the ungodly, his faith is counted as righteousness.

Romans 5:1-5 - **1** Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. **2** Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. **3** Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, **4** and endurance produces character, and character produces hope, **5** and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

Romans 5:10 - For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

Romans 5:17 - For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ.

Romans 6:1-11 -

1 What shall we say then? Are we to continue in sin that grace may abound? **2** By no means! How can we who died to sin still live in it? **3** Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? **4** We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

5 For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. **6** We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. **7** For one who has died has been set free from sin.

8 Now if we have died with Christ, we believe that we will also live with him. **9** We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. **10** For the death he died he died to sin, once for all, but the life he lives he lives to God. **11** So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Romans 8:1 - There is therefore now no condemnation for those who are in Christ Jesus.

Romans 8:11 - If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

Romans 8:16-17 - The Spirit himself bears witness with our spirit that we are children of God, And if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

Romans 8:28 - And we know that for those who love God all things work together for good, for those who are called according to his purpose.

Romans 8:29 - For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers.

Romans 8:37 - No, in all these things we are more than conquerors through him who loved us.

Romans 10:9 - Because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

Romans 10:13 - For “everyone who calls on the name of the Lord will be saved.”

Romans 12:2 - Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 15:4 - For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.

1 Corinthians 3:16 - Do you not know that you are God's temple and that God's Spirit dwells in you?

1 Corinthians 6:11 - And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

1 Corinthians 6:19-20 - Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

1 Corinthians 12:13 - For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit.

1 Corinthians 12:12-13 - For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit.

1 Corinthians 12:27 - Now you are the body of Christ and individually members of it.

2 Corinthians 2:14 - But thanks be to God, who in Christ always leads us in triumphal procession, and through us spreads the fragrance of the knowledge of him everywhere.

2 Corinthians 5:17 - Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

2 Corinthians 5:20 - Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God.

2 Corinthians 5:21 - For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Galatians 2:20 - I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 3:26-28 - For in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus.

Galatians 4:28 - Now you, brothers, like Isaac, are children of promise.

Galatians 4:1-31 - I mean that the heir, as long as he is a child, is no different from a slave, though he is the owner of everything, but he is under guardians and managers until the date set by his father. In the same way we also, when we were children, were enslaved to the elementary principles of the world. But when the fullness of time had come, God sent forth his Son, born of woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons. ...

Galatians 5:22-23 - But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

Ephesians 1:3 - Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

Ephesians 2:8-9 - For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Ephesians 2:10 - For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Ephesians 3:12 - In whom we have boldness and access with confidence through our faith in him.

Ephesians 4:17-24 - ¹⁷ Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. ¹⁸ They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. ¹⁹ They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. ²⁰ But that is not the way you learned Christ!— ²¹ assuming that you have heard about him and were taught in him, as the truth is in Jesus, ²² to put off your old self, ^[1] which belongs to your former manner of life and is corrupt through deceitful desires, ²³ and to be renewed in the spirit of your

minds, ²⁴ and to put on the new self, created after the likeness of God in true righteousness and holiness.

Ephesians 4:25 - Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

Ephesians 4:32 - Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Philippians 1:6 - And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

Philippians 3:20 - But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ.

Colossians 1:27 - To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory.

Colossians 2:7 - Rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

Colossians 2:10 - And you have been filled in him, who is the head of all rule and authority.

Colossians 2:11-12 - In him also you were circumcised with a circumcision made without hands, by putting off the body of the flesh, by the circumcision of Christ, having been buried with him in baptism, in which you were also raised with him through faith in the powerful working of God, who raised him from the dead.

Colossians 3:1 - If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God.

Colossians 3:3 - For you have died, and your life is hidden with Christ in God.

Colossians 3:12 - Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,

2 Timothy 1:7 - For God gave us a spirit not of fear but of power and love and self-control.

2 Timothy 1:9 - Who saved us and called us to a holy calling, not because of our works but because of his own purpose and grace, which he gave us in Christ Jesus before the ages began.

2 Timothy 1:13 - Follow the pattern of the sound words that you have heard from me, in the faith and love that are in Christ Jesus.

2 Timothy 2:15 - Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.

Hebrews 4:16 - Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

1 Peter 2:9 - But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light.

1 John 4:9 - In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him.

Psalm 139:1-24 -

1 O Lord, you have searched me and known me!

2 You know when I sit down and when I rise up; you discern my thoughts from afar.

3 You search out my path and my lying down and are acquainted with all my ways.

4 Even before a word is on my tongue, behold, O Lord, you know it altogether.

5 You hem me in, behind and before, and lay your hand upon me.

6 Such knowledge is too wonderful for me; it is high; I cannot attain it.

7 Where shall I go from your Spirit?
Or where shall I flee from your presence?

8 If I ascend to heaven, you are there!
If I make my bed in Sheol, you are there!

9 If I take the wings of the morning
and dwell in the uttermost parts of the sea,

10 even there your hand shall lead me,
and your right hand shall hold me.

11 If I say, "Surely the darkness shall cover me, and the light about me be night,"

12 even the darkness is not dark to you;
the night is bright as the day,
for darkness is as light with you.

13 For you formed my inward parts;
you knitted me together in my mother's womb.

14 I praise you, for I am fearfully and wonderfully made.

Wonderful are your works;
my soul knows it very well.

15 My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.

16 Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

17 How precious to me are your thoughts, O God! How vast is the sum of them!

18 If I would count them, they are more than the sand. I awake, and I am still with you.

19 Oh that you would slay the wicked, O God! O men of blood, depart from me!

20 They speak against you with malicious intent; your enemies take your name in vain.

21 Do I not hate those who hate you, O Lord? And do I not loathe those who rise up against you?

22 I hate them with complete hatred;
I count them my enemies.

23 Search me, O God, and know my heart! Try me and know my thoughts!

24 And see if there be any grievous way in me, and lead me in the way everlasting!